

Transformance: The AEDP® Journal

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Monograph Series

Issue Two

Editors Letter

Carrie Ruggieri

We are proud to present **Monograph Two of Transformance: The AEDP Journal**. *Triangles of Emotional Pain: A Conceptual Model for AEDP* by Netta Ofer and Hans Welling introduces an original and brilliant framework for categorizing types of emotional pain, offering a powerful tool for conceptualization, tracking, and intervention. This innovative model integrates seamlessly with existing AEDP conceptual tools, adding both depth and a fresh perspective. While rich in theory, the *Triangles of Emotional Pain* are highly practical and directly applicable to clinical work.

Developed and refined over several years, this model has proven to be profoundly organizing and invaluable in practice, as reported by Netta and Hans's supervisees. This monograph represents the culmination of years of thoughtful development, bringing a transformative tool to the AEDP community.

We thrilled to share this important contribution with the AEDP community and confident that this monograph will enhance your practice and serve as a valuable resource.

Carrie Ruggieri

Editor, Transformance: The AEDP Journal.