

***The Sower's Report 2025***  
**AEDP International Development Progress<sup>1</sup>**  
by  
AEDP International Development Committee and More



The Sower, Van Gogh, 1888

## **PRELUDE**

Inspired by Van Gogh's painting, this document is titled as The Sower's Report, celebrating our colleagues labour of love in 'sowing seeds' of AEDP globally. The Sower's Report is the collective effort of members within AEDP International Development Committee their collaborating partners and more, their names are in bold within the document. The activities in The Sower's Report reflect our sustained commitment and passion in the healing empowerment of AEDP and our love for the suffering Other globally. Ultimately it is our collective embodied vision, that a deep being-togetherness will foster the transformation of the suffering Other into a flourishing Other.

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<sup>1</sup> As an "international" report, this document represents voices from AEDP communities outside of United States. These communities may be identified by their geographical locations, or language spoken.

## **AFRICA / KARIN DORELL**

**Monthly supervision groups / Karin Dorell**, beginning 2025 and based in South Africa, the group comprises of AEDP colleagues from South Africa, Zimbabwe, Zambia and Nigeria.

## **BRAZIL / REGINA PONTES & KARI GLEISER**

**AEDP Dialogs.** We promoted 2 "Diálogos AEDP", it's like a 2/3 hour seminar-via zoom, and we have already 6 scheduled for 2025.

**Seminar on attachment trauma and AEDP / Regina Pontes** for undergraduate students and we have scheduled 2 more for 2025.

**2 year AEDP course** is taking place via zoom and this year it will be our 18th group including 6 supervision groups. Probably we will have one more certified supervisor this year.

**New internal group was formed**, comprising of former AEDPers, very active and energetic with new ideas, engagement and expansion of AEDP.

**Portuguese translation of *Transforming Power of Affect***, finishing in March, may debut in the April AEDP Conference. We are already working on AEDP 2.0.

## **CANADA / SIMONE LEVEY & DALE TRIMBLE**

Based in Toronto, **Simone Levey** holds a twice monthly AEDP group for therapists in Toronto, however it's open to anyone to join.

Simone has a clinic, called RENNI, that she runs with 2 other co-founders, and AEDP therapists have been gravitating there to work with us so we are developing a bit of an AEDP hub where Simone provides AEDP supervision, they discuss AEDP papers at case conferences, and it's a place for clinicians to not feel alone in their work as AEDP therapists, where they can talk with other AEDP therapists all things AEDP.

Based in Vancouver, **Dale Trimble** and his colleagues are working relentlessly to promote AEDP, please see the website here: <https://aedpvancouver.com/>, and the usually sellout upcoming salons: <https://aedpvancouver.com/salons>

## **CHINA / JACQUIE HUAN YE PERMAN & DANNY YEUNG**

**Webinar on Application of AEDP to Complex Trauma / Jacquie Huan Ye Perman**, is a first to the Chinese AEDP community

**Supervision Groups / Jacquie Huan Ye Perman & Danny Yeung** are ongoing in the midst of sensitive sociopolitical milieu. Furthermore, **Jacquie Huan Ye Perman** taught an ES1 in 2024 that was sensitive to Asia Pacific timezones, hence had many Asian and Australian participants.

**Translation of AEDP 2.0 / Xue Yong, Wang Juan, Sabrina Wei and Danny Yeung** is completed awaiting final revisions and publication by the Remin University Press. This is after the publication of the Chinese version of *Transforming Power of Affect*, with **Jacquie Huan Ye Perman** and **Xue Yong** as lead translators and reviewed by **Danny Yeung**.

**Non-Doing and the Self-Transformation of Things: Integrating AEDP and Daoism / Danny Yeung**, is a chapter to be published in *Psychotherapy and Chinese Culture*, and in the final stages of editing by the publisher.

## **FRENCH SPEAKING COMMUNITIES / HOAI-THU TRUONG**

**Richard Harrison** and **Hoai-Thu Truong** started an international AEDP supervision group for therapists who work in French several years ago. Hoai-Thu is continuing the supervision group.

**Florian Wschiansky** (Switzerland) and **Hoai-Thu Truong** lead webinars in French introducing AEDP by discussing and analyzing the APA videos (Diana, SueAnne, and very soon, Kari)

We will be announcing very soon a training (intro to AEDP) by **Kari Gleiser** aimed at the French community, with simultaneous translation.

## **HONG KONG / KWOK WING WU & DANNY YEUNG**

**Ongoing Annual Immersion Course and Core Skills Training / Danny Yeung and Kwok Wing Wu** just finished the 18th Annual AEDP Immersion with the additional participation of the Social Services Department of Macau. Core Skills Training is led by **Kwok Wing Wu, Esther Poon, Catherine Wong and Bob Yip**.

**Presencing Care (Book) / Victoria Cheung**. Based on her doctoral dissertation, **Victoria Cheung** will publish her book *Presencing Care*, applying the principles of AEDP into presencing care for caring professionals at large including doctors, therapists, counsellors, psychologists, social workers, teachers and more.

**Application of AEDP into Parenting (Book) / Charlotte Lee**, is based on a program adopting the principles of AEDP into parenting, 6 two-hour-sessions per course / round, 8 participant per

round, 13 rounds were delivered in Hong Kong, 8 rounds in person, 5 rounds by zoom, and in Toronto, one round in person and one round zoom.

## **ISRAEL / SIGAL BAHAT**

**Non Profit Organization for AEDP-Israel** was founded and legally approved a few months, which is a huge jump for us. We are in the process of opening a bank account, even hired an accountant, which will be an amazing support to our activities and vision for the community.

**A Program of Zoom and In-Person Activities** was created for January to June 2025, that was established to our community, including a) zoom seminars - local and guests Faculty presenters b) in person experiential exercises meetings - in different geographical locations c) in person workshop - after the conference in May, including teaching and practicing.

**Hebrew Institute Recognized Level 1 and Core Training / Idit Ronen-Setter and Netta Offer** will be taught. The 3 year long core training was previously taught by **Sigal Bahat**.

This year, **Idit Ronen-Setter** has been working with war survivors, using AEDP, she accompanies tow families of hostages, and several survivors of the October 7th, through their recovery.

**After a Long Difficult Year With Regional War**, we feel we are back moving, riding and many ideas to actualize.

## **ITALY / KARIN DORELL**

**Supervision Groups / Karin Dorell**, is leading two groups this year

**Monthly Community Experiential Groups / Silvia Nadalini and Gabriella Zippel**, comprises of a newer generation of AEDPers.

**In Person Get Together**, is planned for June 2025.

**Tuscany In Person Advanced Core Training / Kari Gleiser**, at her 16th century villa in the beautiful hills of Tuscany for three 3 day weekends of rich, in-person learning, supervision and experientials. Open to 8-10 AEDP clinicians, with a minimal level II experience. Level III, certified therapists and above welcome.

## **JAPAN / YUKO HANAKAWA**

**First Japanese AEDP Immersion Course / Yuko Hanakawa, Kaori Stram & Yuko Kobayashi**, will be held November 2025.

**AEDP Supervision Essentials**, by **Natasha Prenn** and **Diana Fosha**, has been translated into Japanese and published in 2024. The translation was completed by **Shigeru Iwakabe**, **Wakako Yamazaki** and **Yuko Hanakawa**.

**Formation of AEDP for JAPAN LLC in New York**, established to facilitate AEDP educational activities for Japanese therapists

**Significant presence at major academic conference in Yokohama**, Japan, featuring two AEDP presentations: a) Joint presentation by **Yuko Kobayashi** and **Kimi Aoki** and b) Joint presentation by **Eri Kubota** and **Yoshimi Shimizu**

**Recurring educational initiatives at Tsukuba University**, featuring annual workshops conducted by **Kaori Stram**

**Expansion of supervision groups**: a) 7 small supervision groups led by **Yuko Kobayashi** b) 1 small supervision group led by **Kaori Stram**

**YouTube Live Sessions**. Our group is expanding our reach through YouTube, featuring live Q&A and demonstration sessions.

## **SOUTH KOREA / MYUNGHEE JUN & DANNY YEUNG**

**Korean AEDP Group (“The Avengers”)** was formed comprising of Regional Leader **Myunghee Jun**, with Regional Contacts **Seungmin Lee**, **Juwon Oh**, **Namsook Roh**, **Nayoung Lim**, **Haengsuk Lee**, **So Yeon Kim**, **Chasun Shin** and **Emma Lim**, committed to organize and promote AEDP Trainings in Korea. **Myunghee Jun** is the lead translator for the Korean version of *Transforming Power of Affect*, published in 2022.

**2nd Korean AEDP Immersion Course** will be held online in February 2025, hosted by **Myunghee Jun** and colleagues, taught by **Danny Yeung**, with **Emma Lim** as Lead Assistant, and all of the regional contacts and more as Experiential Assistants.

**The Meaning of Present Experience in the AEDP Process: Accompanying Toward ‘Transformation’**” by **So Yeon Kim** and it was published in *Counseling Psychology Education Welfare*, Vol.11, No.5 [November 2024], pp.85-106. <http://dx.doi.org/10.20496/cpew.2024.11.5.85>

**“The Significance of the First Session Experience in AEDP: Transformation Through ‘Encounter’ and ‘Recollection’**” by **So Yeon Kim** and **Danny Yeung** is submitted to *Transformance* for publication.

**A Concept Mapping of experience through AEDP Art therapy for Adolescents with complex-trauma**, a master's thesis published in 2023 with the supervision of **Nayoung Lim**, could be accessed here: <https://www.dbpia.co.kr/journal/detail?nodeId=T16829183>.

## **SPANISH & ITALIAN SPEAKING COMMUNITIES / JERRY LAMAGNA**

**Principles of 'AEDP' Accelerated Experiential Dynamic Psychotherapy / Jerry Lamagna.** This course hosted by **Enrique Farias** and the Four Cycles Institute is a roughly five hour, pre-recorded program on the Principles of AEDP along with five 90 minute zoom sessions to share clinical tape and field questions from participants. The pre-recorded material has been dubbed into both Spanish and Italian and live sessions are supported by simultaneous translation into Spanish and Italian.

## **SWEDEN / ANNA CHRISTINA SUNDGREN**

**5th Scandinavian Core training / Annika Medbo and Anna Christina Sundgren**, 3 of them has been held in Norway, 2 in Stockholm. Language: Scandinavian, taught by **Annika Medbo** and **Anna Christina Sundgren**.

**fNIRS Study / Professor Niclas Kaiser** at University of Umeå, Sweden, have started a small neuroscientific laboratory study with fNIRS equipment on positive relational processes in psychotherapy, using moment-to-moment tracking as a method. Professor Niclas Kaiser is very interested in AEDP and collaboration with AEDP to do more research! **Anna Christina Sundgren** was given the honour to teach moment to moment tracking to teachers and students at U.Umea. fNIRS can measure what happens simultaneously in both brains during the session!

**Teaching at University of Umea / Anna Christina Sundgren** was given the honour to teach moment to moment tracking to teachers and students at U.Umea.

**AEDP Saloon / Kari Gleiser, Senior Faculty** will present next time live!

**AEDP is More and More Demanded!** AEDP is taught regularly at a psychotherapy training institute, AEDP workshops IRL happening around Sweden. (3 are planned this semester)

## **EMERGING PROJECTS**

### **TAIWAN / EVON CHIU**

As the founder of Taiwan Multicultural Counseling Association, **Evon Chiu** is currently providing monthly continuing education training courses on the topic of Decolonizing Therapy in Taiwan, and Providing multicultural supervision.

Currently, Evon Chiu is actively assisting as an EA at Immersion and ES1 training, leading bilingual experiential groups. Her passion is to contribute to the development of multicultural AEDP in Taiwan.

Together with African-American AEDP therapist (**Helois Ridley**) in Pennsylvania who is a member of Vision Collective and also passionate about decolonizing therapy for BIPOC clients in the US. **Helois Ridley** and **Evon Chiu** recorded a TV episode, link [here](#), on the topic of mental health and decolonization for a Taiwan English channel called Taiwan Plus. It will be the first time for someone to talk about this topic in Taiwan. **Helois Ridley** mentioned AEDP by the end of the recording, and yes!, it's there.

## **INNER DEVELOPMENT GOALS (IDGs) / DANNY YEUNG**

**IDG Asian Wisdom Network (AWN) / Danny Yeung**, as a member of AWN, is working to make AEDP a presence in the IDGs: <https://innerdevelopmentgoals.org/>. Sharing the same stage with the Minister of Education of Taiwan, he was invited to present at the Taiwan IDG Conference November 2023. The YouTube version of the presentation remains to be published.

## **POSTLUDE**

As Chair of the International Development Committee, **Danny Yeung** is very grateful for being entrusted with the responsibility to coordinate, facilitate, compile and edit The Sower's Report 2025, at the same time, he apologizes as he must have missed colleagues who have contributed to the global development of AEDP. As Danny Yeung wants to acknowledge the contributions of these AEDP unsung heroes, please do contact him at [dannyyeung426@gmail.com](mailto:dannyyeung426@gmail.com) and let him know of your contributions and he will integrate it into the final report.