



Where We Started...



The AEDP Therapist's
Transpersonal Use of Self



Why Care?



Sense of Purpose and Positive Coping

Create Social Connection

Increase Community Engagement

Fosters Feelings of Security

Workplace Support Holistic Wellbeing



So How?



Dyadic Recollection of
Being

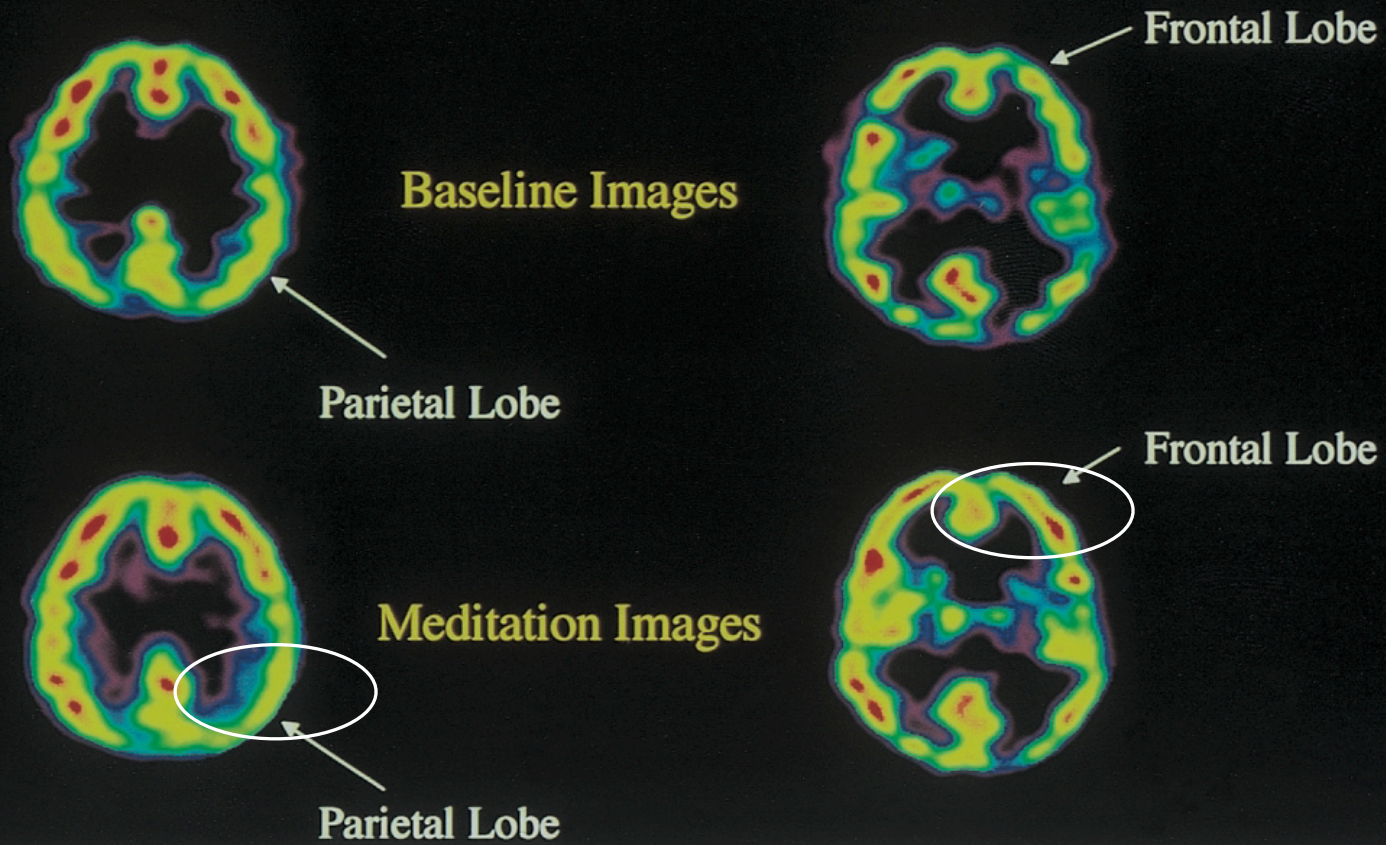


Dyadic Receptiveness of
Transpersonal Sensibility

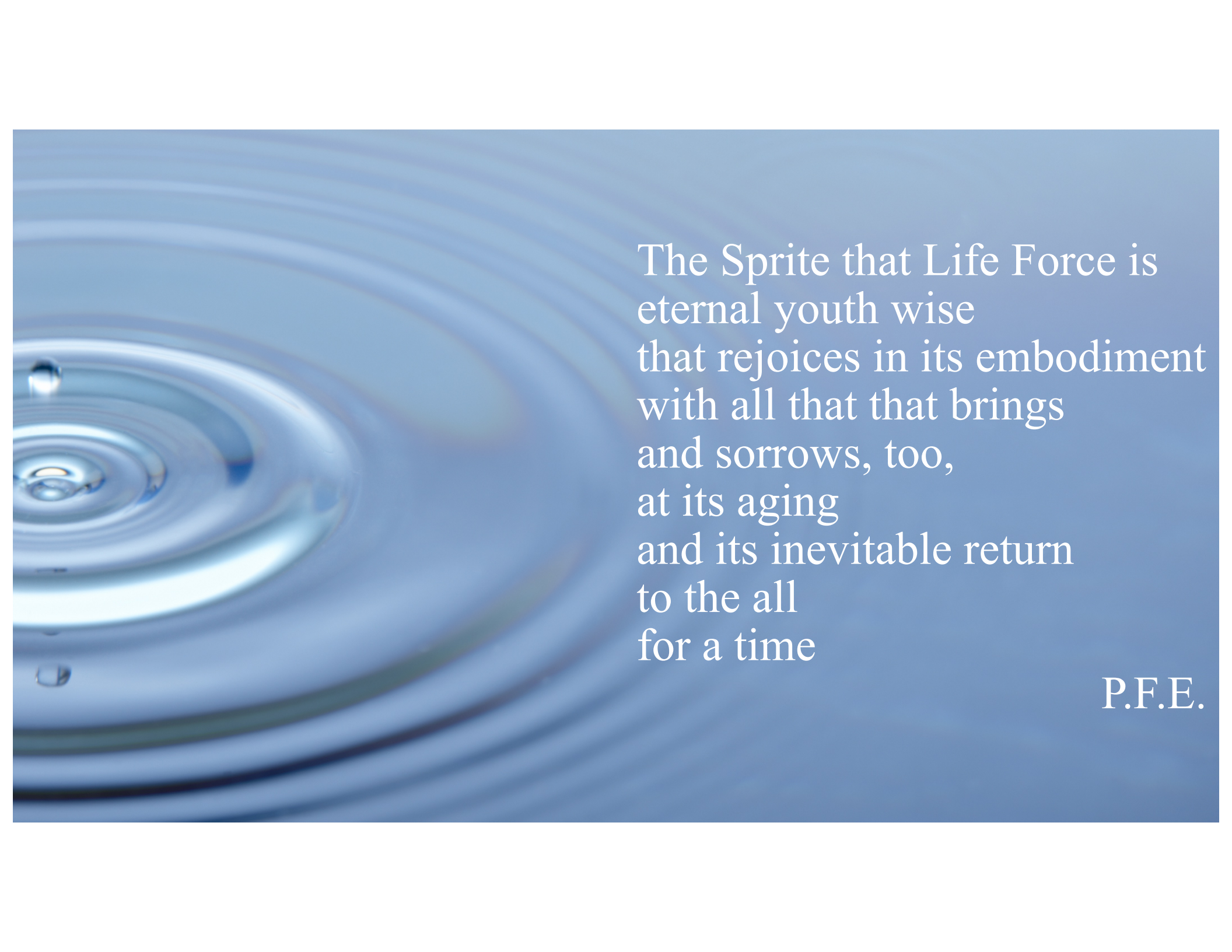


Dyadic Rebirth through
Dao / Great Spirit Mother

Comparison of Baseline and Meditation Images



Source: Newberg et al. 2001



The Sprite that Life Force is
eternal youth wise
that rejoices in its embodiment
with all that that brings
and sorrows, too,
at its aging
and its inevitable return
to the all
for a time

P.F.E.



End of Exploring...