

Pressing One's Edges From Safety

Working in Core State to Expand
Relational Receptive Affective Capacity

Sigal Bahat | AEDP Faculty Member

AEDP Conference NYC - April 2025



Our Ethical Commitment

We are committed to keep the patient privacy.

With deep gratitude to the patient,
for her generosity and trust in us.

And for allowing us to teach and learn AEDP
from her deeply personal work.

Session 3

*Pt: "I can allow
my stomach to receive it"*

Session 4

*Th: “so she (the little one) can somehow,
ground in connection.”*

Session 5 - Final

*The Semi-Permeable Cell Membrane:
The Legitimacy of Personal Boundaries*

*“The great thing, then, in all education,
is to make our nervous system
our ally as opposed to our enemy.”*

(William James, 1914, in Habit)

