About Transformance: The AEDP Journal

Thank you for your interest in contributing to Transformance: The AEDP Journal. We welcome submissions by all AEDP Institute members. Our editor will work closely with you to finalize a scholarly and polished article.

In 2010 The Journal was envisioned by Diana Fosha and editors Kari Gleiser and Natasha Prenn to provide a much-needed platform for disseminating the ever-evolving advances, applications and inspirations for the rapidly growing and highly productive AEDP community.

The Journal has published at least one issue per year since 2010, and from 2015 to 2023 it was guided by the keen and clarifying editorship of Gil Tunnell. A quick scan of the titles will reveal the vast array of topics and the tremendous fount of clinical material demonstrating the application of AEDP to clinical issues such as, eating disorders, sexual abuse, work with couples, addiction, racial trauma; methodological refinements such as, adjustments to attachment style, cultivating therapeutic presence; and innovation benefitting the general field of psychotherapy such as, harnessing termination as component of the healing process and the creation of an empirically validated model of short-term AEDP. And there is more…the Journal has featured articles on cutting edge applications of neuroscience research as well as commentary on books and movies.

Since 2023, Carrie Ruggieri, now at the helm of the Journal after a three-year mentorship under Gil Tunnell, continues the tradition of nurturing the development of rigorous, engaging, and clinically useful articles.

If you are interested in contributing to the Journal, please review the submission guidelines and browse the publication to observe the variety of voices and styles within the framework of our editorial standards. To inquire further, please contact me, carrieruggieri@me.com. I will be very happy to hear from you.

Carrie Ruggieri, LMHC

Submission Requirements

Transformance: The AEDP Journal publishes articles centered on annotated session transcripts or case studies that illuminate key aspects of AEDP theory or methodology. Submissions may be primarily clinical or theoretical in focus but should foreground AEDP principles and references. We also appreciate book and movie reviews that align with the Spirit of AEDP.

Format Requirements

Articles for Transformance: The AEDP Journal must include the following sections:

- **Abstract** (150–250 words)
- **Introduction**: Provide a narrative overview that outlines the central argument or focus of the article.
- **Body**: Organize the development of your main points using clear section headings and subheadings.
- **Literature Support**: Incorporate relevant literature to support your argument, with a priority on AEDP sources.
- **Case Study Requirement**: Articles based on clinical material must include an annotated session transcript.
- **Annotated Transcript Formatting**:
  - Use abbreviations: *Th:* (Therapist), *Pt:* (Patient) or *Ct:* (Client).
  - Format interventions in **bold** within [brackets].
  - Use *italics* for nonverbal responses from therapist and patient, placed within (parentheses).
- **Conclusion**: Summarize key insights and implications.
- **References**: Include a complete reference list formatted according to APA guidelines.

Technical Requirements

- **File Format**: Submit manuscripts in Microsoft Word. **Do not** use software that converts Pages to Word – the complex formatting required for an article does not lend itself to correct conversion.
- **Length**: Manuscripts should not exceed 15,000 words, including references.
- **Font**: Use Times New Roman, 12-point size.
- **Spacing**: Use 1.5 line spacing throughout.
- **Paragraph Format**: Do not indent paragraphs (The tab function doesn't always agree with editing tools). Use a double space to indicate a new paragraph.
- **In-Text Citations**: Follow APA guidelines for all in-text citations.
- **References**: Format the reference list according to APA guidelines.

Guidelines for protecting patient identity:

1) Please indicate by checking below those elements of the case that have been altered. This checklist is not exhaustive; in preparing the case illustration; please alter as many details as possible without changing information crucial to case interpretation or otherwise undermining the integrity of the case presentation.

_____Client' name (must be changed)
_____Client's ethnicity/race
_____Client's marital status
_____Client's age
_____Client's family composition
_____Client's gender
_____Client's geographic location
_____Client's educational level
_____Client's occupation/employment
_____Other case details (explain)

2) Have you elected to retain information that could compromise patient privacy? _____
If yes, do you have signed informed consent from the patient for this that is based on the client/patient having read the case presentation?

The editing process: What to expect

As your editor, I strive to bring your ideas into sharper focus for the reader while honoring the voice and integrity of your work. My first read-through is dedicated to understanding your thesis and the unfolding of your argument. I take seriously the importance of preserving your unique style, especially when extensive editing for clarity is needed.

I use Microsoft Word's editing tools to track all the changes I make to the text. I'll correct awkward sentences and handle minor edits, and I may suggest headings and subheadings to support the structure. I may add transitional sentences or rearrange a sentence placement to better serve the flow of the paragraph.

When an edit involves meaning—whether a sentence or an entire section—I'll highlight it and use comments to ask clarifying questions. In this way, the editing process is highly collaborative. I tend to include many comments that can be read alongside the text. While it may seem like a lot at first glance, most writers find it makes sense as they work through it.

If you prefer, we can also walk through the article and comments together on a Zoom call—often the most efficient and productive approach.