

AEDP Certified Supervisor Full Guidelines

Certified Supervisor Checklist

Timeframe

Certification as an AEDP Supervisor typically occurs approximately two years after becoming a Supervisor-in-Training, though timing varies depending on individual pace and readiness.

Have You Completed the Experiential Assisting Requirements?

Complete:

- 1 Immersion
 - 5 ES1 Modules
 - 1 Advanced Skills Module (ASM)
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Have You Completed Supervision of Supervision?

Complete a minimum of 20 hours of supervision of supervision, including:

- At least 10 hours with each Supervisor of Supervision

At least one Supervisor of Supervision must be AEDP Faculty, and the second may be either AEDP Faculty or a Certified Supervisor who has been certified for at least 2 years.

Additional hours may be needed to support certification readiness.

Have You Completed an Additional AEDP Activity?

Complete one AEDP-related professional contribution, such as:

- Guest presentation
- Regional engagement
- AEDP research participation
- Writing or publication
- Clinicians' Corner presentation
- Teaching

- Another AEDP-approved contribution
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Written Recommendations

Submit one written recommendation from each Supervisor of Supervision confirming your readiness for certification.

Have You Completed the Culminating Project?

Submit recorded supervision and a microanalysis demonstrating all seven steps of the [Certification Rubric](#).

Your AEDP Supervisory Stance should be evident throughout all submitted material. Refer to Number 1 of the [Certification Rubric](#).

We need to observe the Supervisor-in-Training working with the supervisee around the supervisee's clinical work with their patient. This helps reviewers assess the Supervisor-in-Training's tracking, teaching, and intervention skills, as well as their ability to guide the supervisee's clinical decision-making.

Video Requirements

Submit one or two unedited video clips from one or two supervision sessions.

If you submit two different clips, they can be from your work with two different supervisees (one clip with each supervisee).

Length Requirements

- Each clip: 15–25 minutes
- Total viewing time: 30–50 minutes

Recorded Therapy Material

Recorded therapy material must be included so reviewers can directly observe clinical interventions, moment-to-moment process, and the application of AEDP principles in practice.

Recorded material allows the Review Board to directly observe clinical interventions, moment-to-moment process, and the application of AEDP principles in practice. Supervision based only on supervisee report is necessarily more general and relies on subjective recall of experience, relational dynamics, and attachment themes. Recorded

sessions provide the essential basis for an accurate, detailed, and fair evaluation of both supervisory and clinical competence.

Microanalysis Options

Choose One Option

Written Option

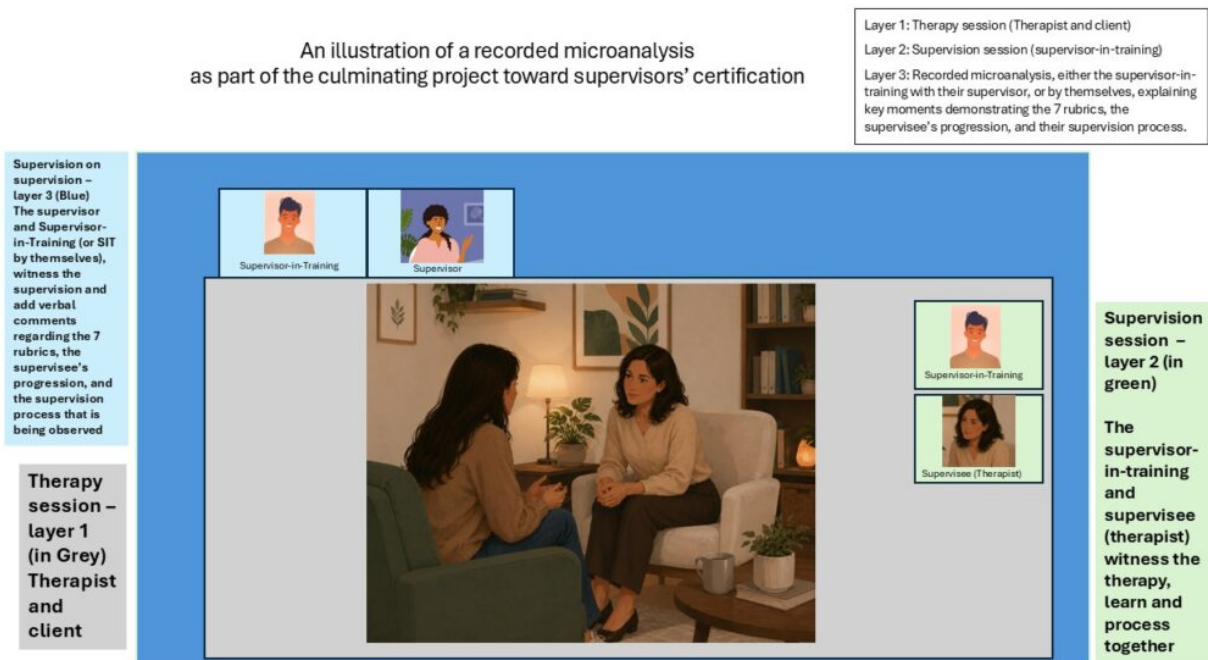
- A focused, time-stamped transcript and accompanying analysis (approximately 10 pages for review purposes) that clearly demonstrates the seven rubric elements, with each element explicitly identified and labeled within the analysis.
- This should include selected portions of the analysis that highlight specific moments in which you, as a Supervisor-in-Training, in supervision with your supervisee-therapist, demonstrate your mastery of the seven rubric elements. Moments where the rubrics are demonstrated should be explicitly mentioned in the microanalysis.
- This should include selected portions of the analysis that highlight specific moments in which you, as a Supervisor-in-Training, demonstrate mastery of the seven rubric elements while in supervision with your supervisee therapist. Instances in which the rubric elements are demonstrated should be explicitly identified within the microanalysis.
- This should also include selected portions of the supervisee therapist's session with their client, comprising up to 50% of the submission.

Oral Presentation Option

- A 60–75-minute Zoom video recording of an oral presentation clearly demonstrating the seven rubric elements, where you present your microanalysis of the screen-shared video recorded session(s) to one of your supervisors (with or without the supervisor present in the video).
- This should include selected portions of the analysis that highlight specific moments in which you, as a Supervisor-in-Training, in conversation with your supervisee-therapist, demonstrate your mastery of the seven rubric elements (Layer 2, green, of the diagram below).
- This should include selected portions of the supervisee-therapist in session with their client, up to 50% (Layer 1, grey, of the diagram below).
- If one area of the rubric is not fully exhibited in the video, provide an explanation for why it was not present in this session and how it was addressed in other parts of the supervision process.

Guidance Regarding the Microanalysis

- The candidate is welcome to choose whichever method feels most comfortable.
- If you decide on a written analysis (whether grid or text), we encourage you to submit only portions of the analysis that demonstrate the seven rubric elements. We are concerned that analyzing the entire clip would require an unnecessarily large investment of time and effort, while reviewers do not need to see a complete analysis to form an impression of the candidate's work.
- Rather, limiting the analysis to a maximum of 9–10 pages and time-stamping only those moments that demonstrate the seven rubric elements, along with providing context regarding the supervisee, the supervisor, their relationship, and the supervision process, would be more than sufficient.



Have You Completed the Submission Process?

When you are ready to submit, email:

Carolyn Fitzgerald

carolynf@aedpinstitute.org

Carolyn will send you a Dropbox link for uploading the following materials:

- Culminating Project
- Two recommendation letters

- Updated Experiential Assisting hours
- Original Supervisor-in-Training application

Application Fee

A \$300 application fee applies and will be invoiced via Stripe or PayPal.

Review and Certification

The Certification Review Board meets quarterly to review applications.

Please review the submission schedule to ensure your materials are submitted on time.

Upon Approval You Will:

- Receive an official certificate and letter
- Be announced to the AEDP community
- Be added to the Certified Supervisors webpage
- Be added to the Supervisors Google Group